How to Clean Your Face Masks

The Centers for Disease Control and Prevention and the California Department of Public Health recommend washing cloth masks every day you wear them.



Take off the mask using the ear loops or ties.



Wash in hot water with detergent, then dry them on a hot cycle.



Washing by hand? Soak the mask in 4 teaspoons of bleach mixed with 1 quart of tepid water for 5 minutes.



Rinse and dry completely before wearing.



Toss out any masks that have stretched out ear loops, tears in the cloth, or that no longer cover your nose and mouth securely.

Disposable paper face masks are for one-time use only! Cut the ear loops and throw it away after you take it off.

